

## **MT Sobek: Hiking Slovenia's Julian Alps**

### **Day 1 Welcome to Ljubljana**

Arrive at the capital of Slovenia, Ljubljana. One of the hippest cities in Europe, this charming place is reminiscent of Prague — only without the crowds. The city is so small you can explore most of the sights on foot and enjoy strolls along the lovely Ljubljanica River. With lively bars, cafes and art galleries, the green city of Ljubljana is a great hideout from big and crowded European capitals.

Meet your guide in the afternoon for a trip overview and welcome dinner.

Accommodation: Hotel Lev

(D)

### **Day 2 Set Out for the Great Highlands**

2.5-hour private van transfer

4 hours/7 miles hiking with 1,368' elevation gain/loss

Head north to the Great Highlands, where the conical shepherders' wooden huts tell of highland life long ago; some date back over a century. Hike on gentle terrain through green meadows, seeing the limestone peaks of the Kamnik-Savinja Alps within reach. Enjoy a picnic overlooking the valley to the sound of cowbells; there may be a chance to sample fresh cheese and other local delicacies.

After the hike, drive to the Logarska Valley Nature Park, a secret pearl right on the Austrian border.

Accommodation: Hotel Plesnik

(B, L, D)

### **Day 3 Explore Logarska Valley**

6 hours/7 miles hiking with 2,100' elevation gain/loss

The secluded valley of Logarska is a place of contrasts, with its white pointy limestone peaks protecting the soft green glacier valley known for its clear mountain air, fertile soil, and organic farms. Hike up to Okreselj to get under the amphitheater of mountains. Following a scenic trail along a clear stream, arrive at Rinka waterfall, a remote corner once beloved by the noble families of the Austrian empire.

Accommodation: Hotel Plesnik

(B, L, D)

### **Day 4 Climb a Mountain Ridge & Explore Logarska Valley**

2-hour private van transfer

6 hours/5 miles hiking with 2,200 elevation gain & 1,850' elevation loss

Today climb Raduha mountain ridge high above the Logarska Valley. Situated on the border with Austria, this eastern part of the Kamnik-Savinja Alps is famous for the 355-foot-long Potocka Zijalka cave, where Stone Age hunting tools and cave bear bones were found. Finish today's hike in one of the highest standing farmhouses in Slovenia, with a sampling of homemade delicacies.

(B, L, D)

### **Day 5 Discover Jezersko and Hike to Lake Bohinj**

2.5-hour private van transfer

3 hours/4.5 miles hiking with 400' elevation gain/loss

Say farewell to the Logarska Valley and continue to the jewel of the Slovenian Alps, Lake Bohinj. For a few moments enter Austria before coming back to Slovenia on the pass of Jezersko. In summertime, green fields full of blossoming flowers, wooden alpine houses and the heart-shaped Lake Jezersko become a popular hiking spot. Enjoy a 3-hour hike to Vintgar gorge near Lake Bled and follow the crystal water before entering a forest which later opens with beautiful vistas of the

Julian Alps. We end our day at Lake Bohinj.

Accommodation: Hotel Jezero

(B, L, D)

### **Day 6 Trek to the Valley of Seven Triglav Lakes**

1-hour private van transfer

8-9 hours/11.5 miles hiking with 2,500' elevation gain/loss

In the early morning begin trekking high above Bohinj. An uphill walk through pine forest leads to the heart of the dazzling Julian Alps. Passing by shepherds' cottages and green meadows, reach the picturesque valley of Seven Triglav Lakes, also known as the Kingdom of the Goldenhorn.

Accommodation: Hotel Jezero

(B, L, D)

### **Day 7 Climb Brdo Mountain & Visit Lake Bled**

2-hour private van transfer

5 hours/7.5 miles hiking with 2,250' elevation gain/loss

Bohinj features a string of quaint villages situated near the lake and a perfect base for treks in the Triglav National Park. Climb Brdo Mountain, which offers great views of Mount Triglav (9,396'), Slovenia's highest mountain. The top of the mountain with its carpets of green grass is an ideal spot for a lovely picnic lunch. Return to Bohinj via Bled, Slovenia's most famous and gorgeous lake.

(B, L, D)

### **Day 8 Hike to Sleme & Scenic Drive to Kobarid**

2.5-hour private van transfer

4 hours/4 miles hiking with 1,150' elevation gain/loss

Take a ride around the Julian Alps en route to the Soca Valley, crossing Vrsic Pass (5,330'), which was once the border line between Italy and the Austro-Hungarian Empire. From here, enjoy breathtaking views and, with a bit of luck, see dozens of delicate alpine flowers. Hike to Sleme and enjoy a picnic lunch by a small glacier lake. From the pass, take a scenic winding drive to Kobarid, the center of the Soca Valley.

Accommodation: Hiša Franko

(B, L, D)

### **Day 9 Stellar Views from Pretovc Alpine Meadow**

1.5-hour private van transfer

4 hours/4.5 miles hiking with 900' elevation gain/loss

The majestic Krn Mountain with its distinctive shape is one of the highest peaks in southwestern Julian Alps. Just below its peak, find remote villages and meadows still used by local shepherds. Hike up to Pretovc alpine meadow today for stunning views of the Soca Valley, with the river winding beneath the cliffs.

Accommodation: Hiša Franko

(B, L, D)

### **Day 10 Walk to Kozjak Waterfall & Depart for Ljubljana**

2-hour private van transfer

1 hour/2 mile walk with 400' elevation gain/loss

This morning, take a short walk to the hidden waterfall of Kozjak. Depart for Ljubljana, arriving around noon. Flights home should depart no earlier than 4pm.

(B)

