

Day 1 Seattle Arrival

Arrive in Seattle and spend time exploring Seattle's waterfront, Chinatown, Pioneer Square, the sights of Pike Place Market, and/or the Space Needle on your own at leisure. Overnight in Seattle.

Day 2 Seattle to Vancouver

Take in the sights of Seattle you didn't see yesterday before checking out from your hotel. A motorcoach will transfer you (and your luggage) to King Street Station to check in for the first leg of your Rocky Mountaineer journey to Vancouver.

After boarding, toast the rail voyage ahead and enjoy dinner onboard as you travel past the Chittenden Locks linking Puget Sound to Lakes Union and Washington as you wave goodbye to Seattle. Highlights include the fishing fleet (and Boeing jets) of Everett, the fields at the foot of the Cascade Mountains near Mount Vernon, sunset views of Bellingham Bay and the

San Juan Islands beyond, and, after crossing the Canadian border, the community of White Rock as the train hugs the Pacific Coast and travels into Vancouver. On arrival in Vancouver, a motorcoach will transfer you from Pacific Central Station to your nearby downtown hotel. Overnight in Vancouver. (D)

Day 3 Vancouver Sightseeing

Today, select your choice of one of four activity options:

Enjoy a six-hour sightseeing tour of Vancouver's spectacular North Shore. Travel across the Lions Gate Bridge and into the Coast Mountains.

Experience the Capilano Suspension Bridge and Treetops Adventure, discovering the coastal temperate rainforest and British Columbia's First Nations heritage. Next, visit Grouse Mountain (gondola admission included), the Peak of Vancouver, and take in breathtaking views of the city, ocean, and surrounding mountains. Includes hotel pick-up/drop-off transportation.

Enjoy a five-hour guided cycling tour of Vancouver's highlights, and experience the best of Vancouver food, history, ecology and culture while being active. The 23km ride takes in the seawall and rainforest of Stanley Park, English Bay, Granville Island (including the Aquabus ferry), False Creek, Chinatown, Gastown, and Coal Harbour. Includes helmet and bicycle rental. Please note: Guests' heights needed to arrange appropriately-sized bicycles, and guests will need to make their own way to/from 1344 Burrard St. for the tour.

British Columbia's mild climate and unique geographic location, tucked between mountains and sea, provide the province with an abundance of amazing culinary bounty which guests will

explore on this in-depth “Made in BC” Vancouver food tour on Granville Island. In the company of an experienced local chef or food writer (maximum six guests/docent), this 2.5 hour walk will get under the skin (or peel) of this fascinating and delicious world as intellectually curious guests tour the market, meet some of the local producers and taste their delicious wares. Please note: Include any dietary restrictions or allergies, and the docent will adapt accordingly, as there are several tastings of fish or seafood, and guests will need to make their own way to/from 126 Davie St. for the tour.

Experience the Howe Sound coast line from a 30 ft. rigid hull inflatable boat on a “Sea Safari”. With the refreshing sea mist in their faces, guests will take in the towering cliffs of Anvil Island, the seals at play at Pam Rocks, the caves of Bowen Island, and many more picturesque sights only seen from the water. Spend an unforgettable 2 hours cruising along the water’s surface, surrounded by BC’s unique Coastal Mountains, taking pictures with seals bathing in the sun, or cruising through the waves on our natural roller coaster. Includes hotel pick-up/drop-off transportation.

Enjoy the rest of the day at leisure to explore Vancouver. Overnight in Vancouver.

Day 4 Vancouver to Kamloops

Travel onboard the Rocky Mountaineer from the coastal city of Vancouver to Kamloops, in the heart of British Columbia’s interior. On today’s journey you will see dramatic changes in scenery, from the lush green fields of the Fraser Valley, through forests and winding river canyons surrounded by the peaks of the Coast and Cascade Mountains, to the desert-like environment of the BC Interior. Highlights include the rushing waters of Hell’s Gate in the Fraser Canyon and the steep slopes and rock sheds along the Thompson River.

Your day concludes as the Rocky Mountaineer travels along the shores of Kamloops Lake into Kamloops. Overnight in Kamloops. (B, L)

Day 5 Kamloops to Banff

Your journey continues eastwards to the mighty Canadian Rockies and the province of Alberta. Once again you will see a spectacular array of scenery as you travel across ranchlands, along rocky lakeshores, over high mountain passes and through the remarkable tunnels that form part of the rich rail history of the Canadian Rockies. Today’s highlights include Craigellachie, where the last spike of the Canadian Pacific Railway was driven, the climb over Rogers Pass, Kicking Horse Canyon, the Spiral Tunnels and, of course, the glaciers and snow-capped peaks of the Canadian Rockies. Your rail journey ends this evening in the resort town of Banff. Overnight in Banff. (B, L)

Day 6 Banff to Lake Louise

A half-day tour takes you into Yoho National Park to view some of its natural wonders. Among the attractions are the Spiral Tunnels, Emerald Lake and a natural rock bridge spanning the Kicking Horse River. The tour ends in Lake Louise where the remainder of the afternoon is at your leisure to enjoy this magnificent location. Overnight in Lake Louise.

Please note: While arrival at The Fairmont Chateau Lake Louise will be approximately 1:00 p.m., scheduled check-in time is not until 4:00 p.m. In the event that your room is not ready, your luggage will be stored and you are free to enjoy the amenities of the hotel.

Day 7 Lake Louise to Calgary with Summit Helicopter

Today you will enjoy a full-day tour concluding in Calgary. Begin the morning with a sightseeing tour of Banff. Among the points of interest are Bow Falls, Lake Minnewanka, Surprise Corner and the Hoodoos. Banff Gondola included. Continue on to Kananaskis for the highlight of today's adventure, a 12-minute Summit Helicopter Tour over the remarkable landscape of the Rockies. Your tour ends on arrival in Calgary late this afternoon. Overnight in Calgary.

Day 8 Calgary Departure

Your vacation ends upon checkout from your Calgary hotel.